EXERCISE FACILITIES, GYMS, HEALTH CLUBS









Guidelines

- Maintain proper social distancing of people throughout all areas of health clubs and limit numbers where needed
 - In any confined area including studios, no more than one person per 113 square feet
 - Marks on floors will be placed in all studios and areas where needed to properly space people for use
 - Cardio and strength equipment will also be placed to allow proper social distancing
 - Pathways throughout clubs will be cleared and designated so that proper spacing can be achieved
- Employee Precautions
 - Face coverings will be worn by all staff in addition to gloves when necessary
 - Temperature readings will be taken of all employees coming to work following CDC guidelines
 - Hand sanitizers and disinfecting wipes will be available throughout clubs for easy access by all members and employees
 - Wipe downs with sanitation wipes of all equipment after each use will be required of all members and employees will enforce

Equipment

- Furniture throughout clubs (indoors and outdoors) will be properly spaced out and/or will be put out of order or labeled with signage stating for everyone to properly space out
- Lap swimming will be allowed with only one person allowed in each swimming lane
- o Sports that do not allow for social distancing will not be allowed
- Water fountain spigots and water bottle filler stations will be closed
- Saunas and steam rooms closed until Phase II because proper spacing and/or proper sanitation cannot be easily achieved and/or mandated

